

### Abstract

Descartes (1596-1650) is the first figure who proposed body-mind dualism based on his own rational arguments, not based on any allegorical or philosophical interpretations of the Bible, which was primarily accepted as the absolute authority. In this paper I critically examine Descartes' arguments, and point out his wrong strategy, that is, *we ought to exclude as false all these things of which we may doubt*. I claim that Descartes' philosophical opinion is not the sole absolutely certain truth, and I propose another option.